

Plowshares Advocate

“That no one in our community go hungry...”

September 2023 / vol. 40, no. 09

17TH ANNUAL FUNDRAISER FOR PLOWSHARES COMMUNITY DINING CENTER



The annual Empty Bowls dinner is our signature fundraising event. We will be doing it Drive-Thru Dinner style.

This dinner features hand-crafted bowls from local artists, homemade zesty minestrone soup, and a tri-tip dinner, with fresh green salad, rolls, and desserts for two! Plus, your choice of local beers and wines.

Each year this event sells out, so purchase your tickets early. All of the proceeds from this event support Plowshares' programs toward fulfilling our mission "that no one in our community go hungry."

Plowshares is almost entirely community-supported, transforming donated food, supplies, volunteer power, and cash revenue from our generous community into sustenance for our vulnerable community members and those in crisis. In the 2022/2023 Fiscal Year, Plowshares provided over 77,000 meals to those in need.

We are excited to say that Plowshares is still going strong and continues to be open seven days a week, providing hot, nutritious meals to our dining room guests and our Meals-On-Wheels seniors 365 days a year. Your donations and support of the Empty Bowls event make these programs possible and support our work of compassionate service.

You can purchase tickets online at our website at www.plowsharesfeeds.org or call our office (located at 1346 S. State St) at 707-462-8582, Mon-Fri, 8-4 pm. Thank you!!

Come Join The Plowshares Family

Plowshares Community Dining Room is looking for fun, friendly & reliable volunteers to help in all positions. Including the kitchen, service line, mailroom, and senior Meals On Wheels (MOW).

Volunteer positions are available any day of the week. Substitute & on-call positions are needed as well. If you are interested in becoming a volunteer or for more information, please contact Makayah at: plowsharesmow@pacific.net or 707-462-8582.



MEALS SERVED IN AUGUST 2023

	Total	Daily Average
Meals-On-Wheels	5,951	192
Dining Room Meals	<u>2,185</u>	<u>70</u>
TOTAL MEALS	8,136	262

Plowshares' Weekend Community Meals!

All are welcome!

Every Saturday 3pm:

Seventh-Day Adventist Church

Every Sunday 3pm:

Hunger Express & Interfaith Network

THE PLOWSHARES ADVOCATE

is published 11 times a year and mailed to supporters of Plowshares, a 501(c)(3) nonprofit corporation (#68-0218781). Donations are gratefully welcomed and fully tax deductible as allowed by law.

PLOWSHARES STAFF

Michelle Shaw	Executive Director
Rhonda De Los Santos	Program Manager
Will Allen	Facility Manager
Open Position	Office Manager
Junior De Los Santos	Program Assistant
Makayah Tollow	MOW/Volunteer Coordinator

PLOWSHARES BOARD OF DIRECTORS

Alex Anzilotti	President
Susan Ranochak	Vice-President
Selima Shapiro	Secretary
Bev Williams	Treasurer
Jennifer Brennan	Board Member
Carolyn Brown	Board Member
Maria Hunter	Board Member
Jim Ratchford	Board Member
Robert Reveles	Board Member

—printed and mailed by Express-It Mailing Services—

Our Wish List

Spices & Olive Oil

Bread

Butter & Cheese

Juices (fresh or frozen)

Coffee (ground or whole)

Fresh or Canned Fruits & Veggies

Salad Fixings & Dressings

Cream of Mushroom Soup

Proteins (beef, chicken, pork, turkey)

Sun Block, Sunhats, Glasses, Chapstick

Toothbrushes, Razers, Deodorant

Bleach & Cleaning Products

Market value of donated items is fully tax-deductible.





Our 40th Anniversary Open-House is,
Friday, Nov. 3rd 5pm-7pm.
 Come celebrated with us!

DONATE WITH A CREDIT CARD
 (VISA, Discover, Master Card or American Express)

Name: _____

Address: _____

City/ZIP: _____

Phone: _____

Email: _____

Card #: _____

Expiration Date: _____ CVV: _____

- I authorize a \$100
one-time charge of: \$50
- Automatically charge \$25
 my card each month: other:
 \$ _____
- Please keep this donation anonymous.

*Mail this coupon to Plowshares,
 PO Box 475, Ukiah, CA 95482-0475
 or call (707) 462-8582, or make a safe and easy donation
 online at www.plowsharesfeeds.org/donations*

Many thanks to our business and In-Kind (non-cash-item) donors!

For confidentiality purposes, individual cash donors are not listed here except by request.

Aug In-Kind Donors:

- Abhayagiri Buddhist Monastery
- Beverly Harmon
- Big Earl's BBQ
- Costco
- Ed Donovan
- Express-it
- First Christian Church
- Food Maxx
- Fort Bragg Food Bank
- Freyja Scott
- Gary Medina
- Hunger Express
- Ivan Elliott
- Leon Family
- Lisa

Lucky Supermarket

- NCO Family Resource Center
- Patricia R.
- Patty Mellow
- Paul Barth
- Pleasant View Dairy
- Raley's
- Redwood Empire Food Bank
- Safeway
- Scootrz Deli
- Sharon
- The Bottle Shop Deli
- Tom's Garden
- Ukiah Natural Food CoOp
- Ukiah Paper Supply
- Walmart

Aug Business Donors:

- AC&R Heating, Cooling & Solar
- Concepcion Rains
- First Baptist Church
- Fort Bragg Food Bank
- Fowler Auto Center | Subaru
- Frey Vineyards
- G&R Bradford Foundation
- Gobbi Street Strings
- Grace Lutheran Church
- Quality Landscape Company





Plowshares

1346 South State St.

PO Box 475

Ukiah, CA 95482-0475

707-462-8582

plowshares@pacific.net

www.plowsharesfeeds.org

www.Facebook.com/PlowsharesUkiah

Non-Profit Org.

US Postage

PAID

Express-It

POSTAL CUSTOMER

Mark your Calendars & Vote Each Day for Plowshares!

Plowshares has been nominated in the
2nd Best of Lake & Mendocino contest!



PRESENTED BY



Categories: Nonprofit Organization, Community Partner, Place to Volunteer.

Voting goes from Sept.20th-Oct.4th

You can vote once per category, per day, so make sure to come back daily to vote for us!

Here is our website for you to place yours daily votes:

www.bestoflakeandmendocino.com

Over 8,000 meals served in August!

Plowshares' Programs... "that no one in our community go hungry."