

PLOWSHARES ADVOCATE

"That no one in our community go hungry ..."

May 2009 / Vol. 26, No. 4

Thanksgiving in May

Growing a Garden

Lots of special thoughtfulness and generosity has been emerging to meet the pain and anxiety of the newly homeless and unemployed flocking to our door in a state of shock, looking for help. Below are some of the special ways people are helping us help others in need—in addition to the generous cash and in-kind support and incredible volunteer energy donated here every day.

- **Dr. Hany Assad** provides employee and Plowshares volunteer cook **Polly Lynn** with funding to cook one of our meals each week.
- **John Chan Plumbing** does repairs at cost.
- **Lemon's Market** in Philo donated surplus groceries, and delivered them here too.
- **Little Caesar's Pizza** donated weekly pizzas for a while (& now to the shelter), until our cooking crews got back to full strength.
- Volunteer cook **Barbara Pope** shopped for and organized our new spice rack.
- **Ana Mahoney, The Community Foundation of Mendocino County, St. Mary's Church** and **Schat's Courthouse Bakery** all helped us have a productive board retreat.
- **Sharon Kiichli of Kiichli & Associates** donated many more hours than she billed us for as our Feasibility Study consultant.
- **Colleen Gorman of Social Services, Tina Rader of the Savings Bank of Mendocino County, and Helen Sizemore of North Coast Opportunities** helped with human resources questions and forms.



Julie Drucker, our new Garden Coordinator, funded by a Community Foundation donor, surveys the area where our new veggie garden is taking shape.

SPECIAL GARDEN THANKS TO: (Not a complete list—it's growing too!)

- **Mendocino Forest Products and Mendocino Redwood Co.** made a generous cash donation supporting our program services, and donated all the redwood garden fenceposts as well.
- **Pete Chevalier of Chevalier Vineyard Management**, donated their crew to build the fence during an off-week.
- **Matt's Custom Tree Care** brought lots of wood chips with a promise of more.
- **Mendo Mill** discounted fencing wire.
- **Leon Springer of DripWorks** donated all our garden irrigation supplies.
- **Will Barker and the DeMolay Boys** did various construction-related jobs.

*P.S. You can still grow an extra row for us!
 More fresh veggies are always welcome.*

More special thanks continued, inside, page 2!

Quote of the Month:

"There are those who give with joy, and that joy is their reward."

—Kahlil Gibran

* SETTING NEW RECORDS! *

Served by Plowshares in March 2009:

	Total:	Daily Average:
Dining Room - Adults:	2,813	128
Dining Room - Children:	259	12
Dining Room - Total:	3,072	140
Meals-on-Wheels:	1,885	86
TOTAL MEALS:	4,957	226
Laundry Vouchers: (Fridays only)	200	40

Thanksgiving in May, contd

- **Ukiah Paper Supply** gave us a deep discount on a terrific janitorial cart, and also donates supplies that we wish-listed!
- **Gary Smith** mowed our grass jungle.
- **Elle Crosby** donated an upright piano, and **Spencer Brewer and Augustin Cano of Ukiah Music Center** helped inspect it, transport it at the very last minute before her move, and then repair it, tune it and install a dolly, all at deeply discounted rates.
- The "**Juicy Tomatoes**" women's walking group held a cash collection for Plowshares.
- Volunteers **Thomas Collins** and **Losario Rosales** bought groceries for us in a pinch.

Stay tuned next month for "The Young and the Useful"—a special page on the many ways that children and teenagers have been lending their own creative, helpful touches!

Program Note: In an effort to accomodate other program schedules, we have changed our laundry voucher distribution time from Mondays to **Fridays at dinnertime** only.

Use this to donate with a credit card: VISA, Discover or MasterCard accepted

Name: _____

Address: _____

City/ZIP: _____

Phone: _____

Card #: _____

Expiration Date: _____

- This authorizes a one-time charge of:
- Automatically charge to my card monthly:
- Please keep this donation anonymous.
- \$10
- \$25
- \$100
- other: \$_____

THE PLOWSHARES ADVOCATE is published 12 times a year and mailed to supporters of Plowshares, a 501(c)(3) nonprofit corporation. Contributions are welcome & fully tax-deductible as allowed by law.

PLOWSHARES STAFF:

Mary Buckley Executive Director
Rhonda De Los Santos Operations Manager
Roy Framke Food Share Manager
Crystal Hollander Homeless Services Coord.
Pilar Moreno Program Assistant
Daniel Oresco Program Assistant
Jim Williams Office Manager
Peggy White, Rental Coordinator: 462-6192

PLOWSHARES BOARD OF DIRECTORS:

Larry MacLeitch President
Ann Kilkenny Vice-President
Jack Daniels Treasurer
Sister Jane Kelly Secretary
Will Barker, Mary Buckley, Kathleen Cervantes, Michael Celentano, Jolinda Clark, Robert Klayman, Henrietta Muñoz, Elizabeth Stephens.

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EMPTY BOWLS EVENT: More than just a party

On March 28, our dining room overflowed with guests enjoying live music, gourmet soups, breads, appetizers and desserts prepared by our faithful volunteer cooks. They chose handmade ceramic bowls, bid on super silent auction items, contemplated the realities of hunger, and donated toward helping alleviating it.

Our fourth "Empty Bowls" dinner event raised about \$8400, more than any previous years, in support of our recently expanded free hot meals programs.

For information on the Empty Bowls Project, an effort to raise hunger awareness and funds nationwide, contact: Empty Bowls c/o The Imagine Render Group, P.O. Box 1689, Burnsville, NC 28714. Special thanks to those listed below!

Ceramic Artists:

Sotako Barash
Jim Blue
Doug Browe
Jolinda Clark
Diane Clifton
Ruth Easterbrook
Remy Gonzaga
Geoff Graham &
Cinnabar Ceramics
Sequoia Greenfield
Debra Haber
Luke Hansen
Colette Harrison
Larry Henderson
Belle Hicks
Roq Horowitz
Laurie Howard
Jan Hoyman
Jerry Irwin
Linda Irwin
Sheila Jenkins
Bob Kirkpatrick
Gregg Lindsley &
One Earth Ceramics
Karen Loyster
Josh Madsen
Katherine McElwee
Jim McKell
Marie Myers
Chris Rand
Elizabeth Raybee



Dick Perrone serves up a bowl of his and Will Barker's famous clam chowder.

Volunteer Cooks:

Will Barker
Jodie Clark
Barbara Conolly
Belle Hicks
Christina Kelly
Robert Klayman
Polly Lynn
Vicky Oldham
Dick Perrone
Barbara Pope
Debbie Rensen
Alison Sciocchetti
Bob Steiner

Volunteers & Auction Donors:

Amy Aikman
Pedro Aparicio
Sotako Barash
The Barkery
Blue Sky Band
Bill Bounds
Patrice Brint
Doug Browe
Crispin Cain &
Greenway Distillers
Brutocao Cellars
Laura Buckner &
Happy Woman Jewelry
Jodie Clark
Thomas Collins
Barbara Conolly
Dana Crumb
Phyllis Curtis
Barbara Daniels
Just David
Brittany De Los Santos
Samantha De Los Santos

Dig Music
Audrey Ferrell
Ada B. Fine
Tamara Frey
Frey Vineyards
Ernest Gates, Jr.
Wil Gonzalez & Joe O'Brien
Habitat
Heidi's Yarn Haven
Hoyman-Browe Studios
Jan Hoyman
Greg Israel &
Emerald Empire Adventures
Jepson Winery
Erda Kappeler
Ann Kilkenny
Michael Laybourn &
Mendocino Brewing Co.
Jacquie Lee
Karen Lee
Alex MacLeitch
Josh Madsen
Josh Martinez
McNab Ridge Winery
Mendocino Book Co.
Mendocino Bounty
Milano Family Winery
Cottie Morrison
Mountain Valley Printing
Henrietta & Art Muñoz
Matt Murphy
The Mutt Hut
Naughty Boy Vineyards
Nelson Family Winery
Oco Time
Toni Onori
Paula's Hair Salon
Dianna Pickering
Rain Forest Fantasy
John Rensen
Leslie Roberts
Savings Bank of Mendo. Co.
Zach Schat
SPACE's Breath singers
Sandy Steele
Bob Steiner
Elizabeth Stephens
Jim Stewart
Tierra Art/Garden/Wine
Three Sisters
Triple S Camera
Ukiah Brewing Co.
Heidi Vaughan
Ray Voisard
Kory Welch &
Welch Vineyard Mgmt.
Samia Whitmarsh
David Youssouppoff

May Wish List

- ***sturdy garden tools***
- ***organic veggie starts***
- ***vegetables***
- ***cheese/meat (any kind)***
- ***pasta***
- ***mayonnaise***
- ***butter***
- ***garlic, in any form***
- ***ziploc bags, lg & small***
- ***kitchen scrubbers***
- ***vegetable scrub brush***
- ***foot +/or baby powder***
- ***small toothpaste***
- ***dog food***
- ***sleeping bags***
- ***band-aids***
- ***laundry detergent***

Many happy feet

In addition to their Naot shoe giveaway last fall, Shoefly & Sox held a gently-used shoe drive for our homeless and needy guests, bringing hundreds of good-quality shoes for us to give away, and sharing the rest with the international charity Soles 4 Souls.



Not exactly in her job description, but...

Meals-on-Wheels driver B.J. Swaney was in the hall of a senior apartment complex when she was approached by a woman not even on her route, who was confused by her new coffeemaker. B.J. took the time to show her how it worked. "I just got a new computer, and understood her frustration," said B.J. "But this time I got to be the really smart one!"

Plowshares

Community Dining Room
Meals-on-Wheels
Homeless Services