

Plowshares Advocate

"That no one in our community go hungry..."

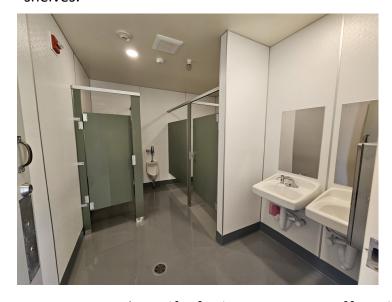
July 2023 / vol. 40, no. 07

Our Upgrades Are Complete!

In the past 15 years, we estimate over a quarter million trips to the bathrooms by our guests. To accommodate the heavy traffic, we desperately needed to upgrade our guest bathrooms from household-grade toilets, sinks, and fixtures to commercial-grade. The floors were also in dire need of replacing.

We were also in need of a larger storage room. With our Community Dining Room program expanding to 365 days a year and the growth of our Senior Meals-On-Wheels program, storage was becoming a huge challenge.

Thanks to Ron and Ruth Hensell's generous support, we did both! Both our men's and women's bathrooms now have an extra stall, automatic flushing fixtures, plus waterproof walls, ceilings, and floors. And we also added a 500-square-foot storage room off the end of our community room. Our new storage room is equipped with a large roll-up door, wide enough to bring pallets through, and 20 commercial-sized pantry shelves.





"On behalf of Plowshares' staff, volunteers, guests, and board, I want to dedicate our new storage room to Ron & Ruth Hensell. We are truly grateful for your amazing devotion to Plowshares. Thank you."

-Michelle Shaw, Executive Director

THANK YOU, UKIAH NATURAL FOODS CO-OP!

"At Ukiah Natural Foods, we believe in supporting organizations that promote health, sustainability and social justice in our community. As part of our commitment to these values we are excited to offer a small grant to a local organization that shares our mission.

Thank you for your dedication to making our community a better place. We are honored to be able to support your efforts."

-Board of Directors, Ukiah Natural Foods



MEALS SERVED IN JUNE 2023

		Daily
	Total	Average
Meals-On-Wheels	5,711	190
Dining Room Meals	2,014	67
TOTAL MEALS	7,725	257

Plowshares' Weekend Community Meals!

All are welcome!

Every Saturday 3pm:

Seventh-Day Adventist Church

Every Sunday 3pm:

Hunger Express & Interfaith Network

THE PLOWSHARES ADVOCATE

is published 11 times a year and mailed to supporters of Plowshares, a 501(c)(3) nonprofit corporation (#68-0218781). Donations are gratefully welcomed and fully tax deductible as allowed by law.

PLOWSHARES STAFF

Michelle Shaw	Executive Director
Rhonda De Los Santos	Program Manager
Will Allen	Facility Manager
Open Position	Office Manager
Junior De Los Santos	Program Assistant
Makayah Tollow	MOW/Volunteer Coordinator

PLOWSHARES BOARD OF DIRECTORS

Alex Anzilotti President Vice-President Susan Ranochak Selima Shapiro Secretary Bev Williams Treasurer Jennifer Brennan Board Member Carolyn Brown **Board Member** Maria Hunter **Board Member** Robert Reveles **Board Member**

-printed and mailed by Express-It Mailing Services-

Our Wish List

Bread

Butter & Cheese

Juices (fresh or frozen)

Coffee (ground or beans)

Fresh or Canned Fruits

Salad Fixings & Dressings

Cream of Mushroom Soup

Spices & Olive Oil

Proteins (beef, chicken, pork, turkey)

Fresh or Canned Veggies

Toothbrushes, Razers, Deodorant

Bleach & Cleaning Products

Market value of donated items is fully tax-deductible.





We're still looking for an Office Manager.



Flexible daytime M-F hours, lunch provided, and a lighthearted, fun & Friendly team environment.

The Office Manager works collaboratively with the Executive Director to support Plowshares programs by maintaining office systems and procedures, and ensuring the office environment is clean, efficient, professional, and welcoming to staff, volunteers, and visitors.

Under the direction of the ED, the Office Manager oversees the administration of financial operations, HR, records, marketing, and payroll. The Office Manager is professional, organized, has excellent communication skills, and is available to work some weekends.

For the full job description, please stop by our office or visit our website, www.plowsharesfeeds.org/open-positions

DONATE WITH A CREDIT CARD

(VISA, Discover, Master Card or American Express)

Name:		
Address:		
City/ZIP:		
Phone:		
Email:		
Card #:		
Expiration Date:	_CVV:	
☐ I authorize a	□ \$100	
	□ \$50	
Automatically charge	□ \$25	
my card <u>each month</u> :	other:	
	\$	
Please keep this donation anonymous.		
Mail this coupon to Plowshares,		
PO Box 475, Ukiah, CA 95482-0475		
or call (707) 462-8582, or make a safe and easy donation		
online at www.plowshares	feeds.org/donations	

Many thanks to our business and In-Kind (non-cash-item) donors!

For confidentiality purposes, individual cash donors are not listed here except by request.

May/Jun In-Kind Donors:

Abhayagiri Buddhist Monastery

Anita McAvoy

Beverly Harman

Big Earl's BBQ

Christian Church

Costco

David LaFollette

Express-it

Feathers Barber & Beauty Supply

Feathers Hair Artistry w/Shirley

Food Maxx

Fort Bragg Food Bank

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Greg Mintz

Hunger Express

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Judy Waterman

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Pleasant View Dairy

Ralev's

Redwood Empire Food Bank

Redwood Gospel Mission

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Tom's Garden

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George & Ruth Bradford Foundation

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NCO Inc

Ukiah Natural Food CoOp





Plowshares

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www.Facebook.com/PlowsharesUkiah

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We're Grateful for our Community Partners!





Saturday, July 29th, at 9am – 12pm Mendocino County Shred-a-Thon 195 S. Orchard Ave., Ukiah CA

RCU is host a free Shred-a-Thon Event, and spotlighting Plowshares

Securely dispose of up to 3 boxes of sensitive documents and recycle used electronics (eWaste) such as computers, cell phones, and other home electronics.

Plowshares will be on site sharing information of our programs and accepting any donations. We hope to see you there!



Safeway's Nourishing Neighbors summer campaign, for US!

To make a donation, go to any Safeway check-out stand, hand the cashier the donation tear-off slip (located at the check stand), then the cashier will add it to your purchase.

This campaign will run from June 28th to July 25th. As a reminder, there are no in-store barrels for loose food donations.