

Plowshares Advocate

“That no one in our community go hungry...”

January 2024 / vol. 41, no. 01

90K meals served in 2023!

Over the holiday season, Plowshares had an abundance of loving and caring donors and volunteers!

Consolidated Tribal Health donated dozens of pies for our traditional Thanksgiving Community meal, Friedman's Home Improvement donated Over 20 turkeys, and Costco gave cart-loads of fresh bakery items! Plus, many individual members of our community donated everything we needed on our holiday wish lists! Big Earl's BBQ family was also prepping and packing meals all morning.

Ukiah Girls Scouts troop 10242 wrapped silverware & handcrafted Christmas cards & gift bags, stuffed with treats, gloves, socks, beanies, scarfs, and more for our dining room guests. The Grace Lutheran Church made and donated gift bags containing combs, chapsticks, soaps, socks, nail clippers, notebooks and pens, and other goodies for our Meals-On-Wheels seniors.

Thanks to everyone's support and generosity, we were able to serve roughly 350 people a hot turkey meal with all the trimmings on Thanksgiving Day. And we did our traditional honey glazed ham with all the fixings and handed out Christmas gift bags full of personal care items, blankets, scarfs, beanies, hand warmers, treats, and even toys for the little ones during our Community Holiday Meal.

A special thank you to the Hunger Express team for serving meals on Christmas Day. Also, a special thank you to our amazing loyal regular volunteers and staff.



Kitchen Volunteer Opportunities!

Do you like to cook? Do you have a couple hours of free time?
We have a volunteer opportunity for you!!

We are looking for volunteers to join our kitchen team!

Cooking positions are 8am-10:30am. You pick what day(s) work best for you!

General cooking and kitchen skills are a must, high volume commercial kitchen skills is a plus! **We also have open prep cook & pack out positions as well.**

If you are interested in cooking, contact our Meals on Wheels/Volunteer Coordinator Makayah at, 462-8582. Or at plowsharesmow@pacific.net



MEALS SERVED IN OCT - DEC 2023

	Total	Daily Average
Meals-On-Wheels	17,651	192
Dining Room Meals	<u>7,295</u>	<u>79</u>
TOTAL MEALS	24,946	271

Plowshares' Weekend Community Meals!

All are welcome!

Every Saturday 3pm:

Seventh-Day Adventist Church

Every Sunday 3pm:

Hunger Express & Interfaith Network

THE PLOWSHARES ADVOCATE

is published 11 times a year and mailed to supporters of Plowshares, a 501(c)(3) nonprofit corporation (#68-0218781). Donations are gratefully welcomed and fully tax deductible as allowed by law.

PLOWSHARES STAFF

Michelle Shaw	Executive Director
Junior De Los Santos	Program Manager
Will Allen	Facility Manager
Stormy Sergeant	Office Manager
Makayah Tollow	MOW/Volunteer Coordinator
Leonel Valenzuela	Program Assistant

PLOWSHARES BOARD OF DIRECTORS

Sue Ranochak	President
Maria Hunter	Vice-President
Selima Shapiro	Secretary
Bev Williams	Treasurer
Alex Anzilotti	Board Member
Jennifer Brennan	Board Member
Carolyn Brown	Board Member
Jim Ratchford	Board Member
Robert Reveles	Board Member

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Our Wish List

Salad Fixings & Dressings

Bread

Butter & Cheese

Juices (fresh or frozen)

Coffee (ground or whole)

Fresh or Canned Fruits

Proteins (beef, chicken, pork, turkey)

Fresh or Canned Veggies

Spices & Olive Oil

Cream of Mushroom Soup

Toothbrushes, Razers, Deodorant

Bleach & Cleaning Products

Market value of donated items is fully tax-deductible.





Office Manager, Stormy Sergeant
&
Program Assistant, Leonel Valenzuela

Many thanks to our business and In-Kind (non-cash-item) donors!

For confidentiality purposes, individual cash donors are not listed here except by request.

Oct-Dec In-Kind Donors:

Abhayagiri Buddhist Monastery
Bard and Marilynn Zensen
Bev Harman & Jay McAllister
- in memory of Vienna the Cat
Big Earl's BBQ
Borracho Tacos
Carrie Brigham
Costco
D. Longstreth
Eddy Family
Elizabeth Mello
Express-it
First Christian Church
Food Maxx
Fort Bragg Food Bank
Geiger's Market
Hope Center
Hunger Express
Jim Flaherty
John Henderson
-in memory of Vivienne Henderson
Julie & Randy England
Katie Smith
Lonnie Hardage

Lucky Supermarket
Marlene Shupe
Mendocino Baking Company
Michelle Curley
Pleasant View Dairy
Raley's
Redwood Empire Food Bank
Safeway
Sally Kieckhofer
Sharon
Suzie & Bob Hardie
Teresa
The Bottle Shop Deli
The Hartley Family
The Hunger Express
The Leon's
Ukiah Natural Food CoOp
Ukiah Paper Supply
Walmart

Oct-Dec Business Donors:

AC&R Service Heating Cooling Solar
Anchor Medical Co.
Cavalin Accountancy
Concepcion Rains
Community Foundation of Mendocino County

Cupples and Sons Construction
DFM Auto Repair
East Bay Community Foundation
El Azteca Mexican Restaurant
Evergreen Media LLC
Express-IT Mail Service
Finance for people
First Baptist Church
Fowler Auto Center |Subaru
Franz Electric
Frey Vineyards
G & R Bradford Foundation
Gobbi Street Strings
Heidi's Yarn Haven
Mendo Cuts
Redwood Empire Lions Club
RER Properties LLC
Roberts Mechanical Electrical INC
Savings Bank Of Mendocino County
Susan Sher Meditation Services
Synergy Family Services
The Monks of Mt. Tabor





Plowshares

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Best Of Lake & Mendocino 2024 Results Are In:

WE WON!!!

Gold: Place to Volunteer

Silver: Nonprofit Organization

Thank you, Lake & Mendocino Counties, for voting Plowshares Community Dining Center the Best Place To Volunteer and 2nd Best Nonprofit Organization!

We are honored to receive this recognition and are proud to deliver award-winning service to our community for over 40 years!



Plowshares Community Dining Center

7074628582 Visit Website

PO Box 475, Ukiah, CA

2024 Categories Won

- Gold: Place to Volunteer
- Silver: Nonprofit Organization

Description

Plowshares is a community dining center that has been providing meals and resources to our local hungry population since 1983. "No one in our community goes hungry!" We serve over 8,000 meals a month. We're supported by Mendocino's rich culture of volunteerism and philanthropy. We rely on this support to operate our Meals-on-Wheels, community dining room, and other programs, plus serve as a hub for resource connections for those in need.

2024 Total Wins



Plowshares' Programs... "that no one in our community go hungry."